

ACTIONS IN NATURE CHALLENGE



Swing above the ground

Find a rock or stump to jump off

Find a tree to climb

Find something to balance on and walk across

Stand at the top of a high point and be 'King of the Castle'

Relax! Lie down and watch the clouds

Find a slope to roll down

Run down a hill with your arms out like you are flying

Crawl under a bush or low branch

Find something to throw at a target. (eg. a puddle or tree)

Hop over a crack

Play hockey with a stick and a stone or pinecone

Skip down a path

Pick a flower and give it to someone special

Find a natural treasure and draw it! eg. a bug, a leaf, a flower